



LARA SWIMMING CLUB
ALL-ABILITIES ENCOURAGEMENT MEET
OPEN TO ALL REGISTERED & NON-REGISTERED SWIMMERS
SATURDAY 15 FEBRUARY 2026 - 9:00AM START
(Warm up: 8.00a.m – 8.45a.m)
ABE & JEAN McCLELLAND OUTDOOR POOL
Bank Street, Lara, 3212

Sponsored By
Community Bank
 Lara District

Bendigo Bank

FEMALE	MALE	AGE	EVENT		FEMALE	MALE	AGE	EVENT
TIME - TRIAL EVENTS								
1 - MIXED		8 & Under	25 m Breaststroke		2 - MIXED		OPEN	50 m Breaststroke
HANDICAP EVENTS								
3	4	8 & Under	25 m Backstroke		7	8	12 - 16	50 m Backstroke
5	6	9 - 11	50 m Backstroke		9	10	17 & Over	50 m Backstroke
TIME - TRIAL EVENTS								
12 - MIXED		8 & Under	25 m Butterfly		13 - MIXED		OPEN	50 m Butterfly
HANDICAP EVENTS								
14	15	8 & Under	25 m Freestyle		18	19	12 - 16	50 m Freestyle
16	17	9 - 11	50 m Freestyle		20	21	17 & Over	50 m Freestyle
TIME - TRIAL EVENTS KICKBOARDS SUPPLIED								
22 - MIXED		8 & Under	25 m Kickboard		23 - MIXED		10/U	50 m Kickboard
DASH FOR CASH - TIME - TRIAL EVENT								
24	25	OPEN	50 m Freestyle					
HANDICAP EVENTS								
26	27	8 & Under	25 m Butterfly		30	31	12 - 16	25 m Butterfly
28	29	9 - 11	50 m Butterfly		32	33	17 & Over	50 m Butterfly
TIME - TRIAL EVENTS								
34 - MIXED		8 & Under	25 m Freestyle		35 - MIXED		OPEN	50 m Freestyle
HANDICAP EVENTS								
36	37	8 & Under	25 m Breaststroke		40	41	12 - 16	50 m Breaststroke
38	39	9 - 11	50 m Breaststroke		42	43	17 & Over	50 m Breaststroke
TIME - TRIAL EVENTS								
44 - MIXED		8 & Under	25 m Backstroke		45 - MIXED		OPEN	50 m Backstroke
2 x 50 METRE TIME - TRIAL RELAY EVENTS (ENTRIES ON PAPER)								
46		25 & Under	FREESTYLE RELAYS		COMBINED Ages : 25 & Under			
47		26 - 35	FREESTYLE RELAYS		COMBINED Ages : 26 - 35yrs			
48		36 - 55	FREESTYLE RELAYS		COMBINED Ages : 36 - 55yrs			
49		56 & Over	FREESTYLE RELAYS		COMBINED Ages : 55yrs & Over			

- ❖ AN ENTRY TIME MUST BE PROVIDED WHEN ENTERING HANDICAP EVENTS
- ❖ Handicap Events will be judged using zero time method
- ❖ Monetary award for winners of both Event 24 and Event 25 Dash for Cash
- ❖ Swimmers competing in Dash for Cash (Event 24 or 25) are required to enter at least two other individual events
- ❖ In OPEN events Medals Awarded to top 3 Male & Female swimmers in Age Groups (8&U / 10&U / 11-12 / 13-14 / 15-16 / 17&Over)
- ❖ Ribbons awarded in kickboard Events top 3 places Male & Female by Age Group (6&U / 7yrs / 8 yrs for 25M Kick and 8/U, 9yrs and 10Yrs for 50M Kick)
- ❖ All Swimmers may collect a participation ribbon for each event swum where they do not place

Entries: Individual Event: \$10.00 Pairs Relay: \$15.00

METHODS OF ENTRY:

- ❖ **Registered Swimmers:** SwimCentral website (preferred)
- ❖ TryBooking : <https://www.trybooking.com/DIMFP>
- ❖ **Non-registered Swimmers:** Enter via TRYBOOKING click link above and select each swimmers events
- ❖ **Relays:** Deposit payment to Bank as per details below. Complete entry form (attached) with bank transfer receipt and email to: laraentries@gmail.com
Account: Lara Swimming Club
BSB: 633-000 **Account Number:** 105409791



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Entries Close Saturday 7th February 2026 - 11:59pm

Program and Proposed Timeline: Available on Lara Swimming Club Website 13th February 2026
www.laraswimmingclub.com.au and Swim Central under documents

Programs: Please print your own. A Limited Number of Programs will be available for purchase: \$5

Enquiries : laraentries@gmail.com

Spectator Entry : FREE

Lara Swimming Club reserves the rights to merge or cancel events if there are insufficient entries.

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FUN COMPETITION
FOR REGISTERED & NON-REGISTERED SWIMMERS
9:00AM SATURDAY 15 FEBRUARY 2026



ENTRY FORM

Surname: _____ Given Name: _____ Gender: Male / Female: _____

Date of Birth: _____ Age as at 15.02.26: _____ Phone Number: _____

Address: _____ Swimming Club (if applicable): _____

Time trial Events: NT if no time available

Handicap Events: **ENTRY TIME REQUIRED**

EVENT	AGE	STROKE	ENTRY TIME	ENTRY FEE
11	8 & Under	25 m Backstroke Handicap	59:00	\$10.00

2 x 50m PAIRS RELAY

EVENT	AGE	TEAM MEMBERS	ENTRY TIME	ENTRY FEE
60	Combined Ages: 50 Years & Over	Joe Blogs & Jack Frost	1:50:00	\$15.00
			TOTAL FEE	

METHOD OF ENTRY – Non-registered swimmers:

Events: Refer to the competition flyer to obtain event details when completing the entry form

Payment: Arrange payment of total entry fee into Lara Swimming Club bank account and save copy of funds transfer confirmation

Banking Details: **Bendigo Bank** **Account:** Lara Swimming Club **BSB:** 633-000 **Account Number:** 105409791
(Please state name & "EC" in transaction details)

Entry: Forward copy of payment confirmation and completed entry form to: laraentries@gmail.com **Entries Close** 11:59 pm Saturday 7th February 2026

Enquiries: Laraentries@gmail.com