



**LARA SWIMMING CLUB**  
**ALL-ABILITIES ENCOURAGEMENT MEET**  
**OPEN TO ALL REGISTERED & NON-REGISTERED SWIMMERS**  
**SATURDAY 15 FEBRUARY 2026 - 9:00AM START**  
**(Warm up: 8.00a.m – 8.45a.m)**  
**ABE & JEAN McCLELLAND OUTDOOR POOL**  
**Bank Street, Lara, 3212**

Sponsored By  
**Community Bank**  
Lara District

**B Bendigo Bank**

FEMALE	MALE	AGE	EVENT		FEMALE	MALE	AGE	EVENT
<b>TIME - TRIAL EVENTS</b>								
1 - MIXED	8 & Under	25 m Breaststroke		2 - MIXED	OPEN	50 m Breaststroke		
<b>HANDICAP EVENTS</b>								
3	4	8 & Under	25 m Backstroke		7	8	12 - 16	50 m Backstroke
5	6	9 - 11	50 m Backstroke		9	10	17 & Over	50 m Backstroke
<b>TIME - TRIAL EVENTS</b>								
12 - MIXED	8 & Under	25 m Butterfly		13 - MIXED	OPEN	50 m Butterfly		
<b>HANDICAP EVENTS</b>								
14	15	8 & Under	25 m Freestyle		18	19	12 - 16	50 m Freestyle
16	17	9 - 11	50 m Freestyle		20	21	17 & Over	50 m Freestyle
<b>TIME - TRIAL EVENTS KICKBOARDS SUPPLIED</b>								
22 - MIXED	8 & Under	25 m Kickboard		23 - MIXED	10/U	50 m Kickboard		
<b>DASH FOR CASH - TIME - TRIAL EVENT</b>								
24	25	OPEN	50 m Freestyle					
<b>HANDICAP EVENTS</b>								
26	27	8 & Under	25 m Butterfly		30	31	12 - 16	25 m Butterfly
28	29	9 - 11	50 m Butterfly		32	33	17 & Over	50 m Butterfly
<b>TIME - TRIAL EVENTS</b>								
34 - MIXED	8 & Under	25 m Freestyle		35 - MIXED	OPEN	50 m Freestyle		
<b>HANDICAP EVENTS</b>								
36	37	8 & Under	25 m Breaststroke		40	41	12 - 16	50 m Breaststroke
38	39	9 - 11	50 m Breaststroke		42	13	17 & Over	50 m Breaststroke
<b>TIME - TRIAL EVENTS</b>								
44 - MIXED	8 & Under	25 m Backstroke		45 - MIXED	OPEN	50 m Backstroke		
<b>2 x 50 METRE TIME - TRIAL RELAY EVENTS (ENTRIES ON PAPER)</b>								
46	25 & Under	FREESTYLE RELAYS		COMBINED Ages : 25 & Under				
47	26 - 35	FREESTYLE RELAYS		COMBINED Ages : 26 - 35yrs				
48	36 - 55	FREESTYLE RELAYS		COMBINED Ages : 36 - 55yrs				
49	56 & Over	FREESTYLE RELAYS		COMBINED Ages : 55yrs & Over				

- ❖ AN ENTRY TIME MUST BE PROVIDED WHEN ENTERING HANDICAP EVENTS
- ❖ Handicap Events will be judged using zero time method
- ❖ Monetary award for winners of both Event 24 and Event 25 Dash for Cash
- ❖ Swimmers competing in Dash for Cash (Event 24 or 25) are required to enter at least two other individual events
- ❖ In OPEN events Medals Awarded to top 3 Male & Female swimmers in Age Groups (8&U / 10&U / 11-12 / 13-14 / 15-16 / 17&Over)
- ❖ Ribbons awarded in kickboard Events top 3 places Male & Female by Age Group (6&U / 7yrs / 8 yrs for 25M Kick and 8/U, 9yrs and 10Yrs for 50M Kick)
- ❖ All Swimmers may collect a participation ribbon for each event swum where they do not place

**Entries: Individual Event: \$10.00 Pairs Relay: \$15.00**

**METHODS OF ENTRY:**

- ❖ **Registered Swimmers:** SwimCentral website (preferred)
- ❖ TryBooking : <https://www.trybooking.com/DIMFP>
- ❖ **Non-registered Swimmers:** Enter via TRYBOOKING click link above and select each swimmers events
- ❖ **Relays:** Deposit payment to Bank as per details below. Complete entry form (attached) with bank transfer receipt and email to: [laraentries@gmail.com](mailto:laraentries@gmail.com)

**Account:** Lara Swimming Club

**BSB:** 633-000

**Account Number:** 105409791



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**B** Bendigo Bank

**Entries Close Saturday 7th February 2026 - 11:59pm**

**Program and Proposed Timeline:** Available on Lara Swimming Club Website 13<sup>th</sup> February 2026  
[www.laraswimmingclub.com.au](http://www.laraswimmingclub.com.au) and Swim Central under documents

**Programs:** Please print your own. A Limited Number of Programs will be available for purchase: \$5

**Enquiries :** [laraentries@gmail.com](mailto:laraentries@gmail.com)

**Spectator Entry :** FREE

Lara Swimming Club reserves the rights to merge or cancel events if there are insufficient entries.

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**ALL-ABILITIES ENCOURAGEMENT MEET**  
**FUN COMPETITION**  
**FOR REGISTERED & NON-REGISTERED SWIMMERS**  
**9:00AM SATURDAY 15 FEBRUARY 2026**



**ENTRY FORM**

Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_ Gender: Male / Female: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Age as at 15.02.26: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
 Address: \_\_\_\_\_ Swimming Club (if applicable): \_\_\_\_\_

Time trial Events: NT if no time available

Handicap Events: **ENTRY TIME REQUIRED**

EVENT	AGE	STROKE	ENTRY TIME	ENTRY FEE
11	8 & Under	25 m Backstroke Handicap	59:00	\$10.00

**2 x 50m PAIRS RELAY**

EVENT	AGE	TEAM MEMBERS	ENTRY TIME	ENTRY FEE
60	Combined Ages: 50 Years & Over	Joe Blogs & Jack Frost	1:50:00	\$15.00
				<b>TOTAL FEE</b>

**METHOD OF ENTRY – Non-registered swimmers:**

**Events:** Refer to the competition flyer to obtain event details when completing the entry form

**Payment:** Arrange payment of total entry fee into Lara Swimming Club bank account and save copy of funds transfer confirmation

**Banking Details:** **Bendigo Bank** **Account:** Lara Swimming Club **BSB:** 633-000 **Account Number:** 105409791  
 (Please state name & "EC" in transaction details)

**Entry:** Forward copy of payment confirmation and completed entry form to: [laraentries@gmail.com](mailto:laraentries@gmail.com) **Entries Close** 11:59 pm Saturday 7th February 2026

**Enquiries:** [laraentries@gmail.com](mailto:laraentries@gmail.com)